

Mental health for groups with complex needs: A multidisciplinary model combining client centered and community approaches, project 2019-2022 by Finnish Psychologists for Social Responsibility (FioPSR)				
Panokset Inputs enabling >	Toiminnat Activities leading to >	Tuotokset Outputs leading to >	Välittömät tavoitteet Outcomes contributing to >	Vaikutukset Impact
<p>Objective 1</p> <p>Premises of 2 Family Guidance Centers, adequate office and professional equipped and maintained, specialized mental health professionals (contracted 10-14 h/week), social workers (full-time), cleaner in Saida FGC</p> <p>Resources for mental health awareness campaigns (2/year) , outdoor days for the children</p>	<p><u>Objective 1 Service delivery</u></p> <p>O. 1.1. Managing referrals and waiting lists, assessment, treatment planning in the team, individual and group therapies, evaluation, completion of the therapy</p> <p>O.1.2.Patient files filled, activity statistics including the the process-information collected</p> <p>O.1.3. Home and school visits or family sessions in the FGC by social workers, using Portage-method with selected families</p> <p>O.1.4. Guidance for parents/siblings included in the therapy appointments, delivered through home visits, through awareness sessions, outdoor activities</p>	<p>O.1.1. Therapies of 370-420 children implemented individually and/or in therapy groups, including home visits of social work (770), family guidance sessions (5-8 times/year) and psychosocial activities for children (1-2 times/y) with help of volunteers</p>	<p>O.1.1. Multidisciplinary mental health teams delivered service for children with mental and neurodevelopmental disorders in two southern FGCs combining client centred and community approaches</p>	<p>The mental health of children and adolescents and their families within the Palestinian refugee population and among the most deprived categories from other nationalities living in Lebanon is protected and promoted as a fundamental and basic human right.</p>

<p>O.2. Time for referral management, assessment, treatment, rehabilitation, medical assistance, reporting concerning the children with special needs included in the work schedule of FGC staff.</p> <p>Timo for facilitation of parent's committees.</p>	<p><u>Objective 2 Schooling and rehabilitation of children with special needs</u></p> <p>O. 2.1. The process for children with special needs includes for FGC staff many contacts and agreements (assessment sessions, medical assessments, medication, contacts to special schools, negotiation about the tuition fees, meetings with parents/siblings, arranging transportations)</p> <p>O.2.2. The cooperation with families planned and started; parents are facilitated to cooperate with school and FGC teams transportation needs checked)</p> <p>O.2.3. Organizing support group activities</p> <p>O.2.4. Annual reports with 11 items questionnaire written to the individual sponsors (30-35)</p>	<p>O. 2.1 C Treatment and rehabilitation of 60-80 children with special needs (disabilities) implemented, the contacts to child's homes and special schools and institutions managed. Annual progress reports to sponsors written expecting to get an overview back from FAFS.</p>	<p>O2. Organized schooling, medical assistance, therapies, group activities, family support for 60-80 children with special needs (disabilities) in southern and central areas of Lebanon</p>	
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<p>O. 3. Staff training and care Coordination resources Support from general and financial administration</p> <p>Interns</p> <p>Issuing brochures about mental health topics</p> <p>Efforts for feedback collection from parents and children</p>	<p><u>Objective 3 Service coordination and development – resources and facts update</u></p> <p>O. 3.1. Checking the sufficiency of coordination resources for mental health program</p> <p>O.3.2 Plan for staff training and skills reinforcement to meet the needs of children with complex needs and their families</p> <p>O.3.3 Extracting he clinical experience to development tools: FGC staff general meetings 1-2 times/year and meetings by each profession 1-3 times/year, memorandums collected for idea database</p> <p>O. 3.4. New facts – collecting feedback and development ideas during daily work for service development</p> <p>O. 3.5. Feedback</p>	<p>O.3.2. Base for service coordination and development - staff training, skills reinforcement, staff care, transportation to work, and training of trainers in stress management organised. New data collected from the work experience of the FGC staff and through beneficiary surveys.</p>	<p>O 3. Service coordination and development - skills and facts update - produced new information about the rights of the Palestinian child to quality mental health service and prerequisites for healthy development.</p>	
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	surveys from parents, siblings, and piloting the feedback collection from the beneficiary children, including the children with special needs, piloting with 2-3 samples/year in 2019-2020			
Objective 4 Input, available resources: Mental health conference funding (NORWAC) Time fro programmatic work for the renewed service model, Participation in joint development work with official duty bearers, time for guidance of interns and university cooperation, time for preparing of awareness raising leaflets.	<u>O.4 Developing the service policy, model and network based on Child’s rights, Rights of Persons with Disabilitiies</u> O.4.1. Strategic plan of NISCVT/BAS for mental health program prepared O.4.2 Annual mental health conferences in 2019-2022 on actual topics to strengthen the civil society actors in the mental health field. O. 4.3. Observations of staff and families on the violations of the Child’s rights and rights of persons with disabilities of Palestinian or other deprived children in	O.4.1. Service policy on Child’s right, MH service model and network: strategic plan of MH program, contribution to the National MH Program of Lebanon, gap-filling contribution to UNRWA service. Presentations in annual MH conference, MH leaflets, university interns	O. 4. Strengthened the mental health service for groups with complex needs in Palestinian community and in Lebanese society by providing a multidisciplinary model combining client centred and community approaches	

	<p>mental health service</p> <p>O.4.4. Participating in the task-force group of National Mental Health Program (MHPSS) with other 60 NGOs to coordinate the psychological and psychosocial domains.</p> <p>O. 4.5. Contracts with universities for student internships in FGCs</p> <p>O. 4.6. leaflets on mental health topics</p>			
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